



# COVID-19

## OSHKI-AAKOZIWIN

## CORONAVIRUS GAA-IJIGAADEG

### COVID-19 aakoziwin omaa Manitoba akiing

Oshki-aakoziwin COVID-19 gaa-idamowaad miziwekamig ayaamagad. Gakina awiya gegoo ji-doo-dang ji-aazhoo'idizisigwaa awiyag.

#### Wegonen iwe COVID-19?

Odaa-aakozi'igonaawaa' awiyag gaachidinamowaad COVID-19. Bangii gidaa-inamanjiw (daashkoo gizhizowin, ozosodamowin, bangigaajaanewin, wiisagandoshkwewin gaye) gemaa gichi-aakoziwin (daashkoo noondenaamowin, zanagi'igoowin bagidanaamowin).

#### Awenen ji-aangwaamizid iwe COVID-19?

Aanind bangii eta gegoo omoozhitoonaawaa'. Aanind aapiji gichi-aakoziwag. Igi gaa-niinamiziwaad ji-gichi-aakoziwaapan:

- 60 apiitiziwaad gemaa nawach gitaadiziwaad
- megwaa gegoo ayinaapinewaad (daashkoo zhiwaapinewin, odeyiwaan, odoodikosiwaa' gemaa opaniwaang)
- gaa-niinamiziwaad wiyawiwaang (daashikoo amogowin gaa-ayaawaad awiyag)

#### Aaniin ezhi-gaachidinigaa deg iwe COVID-19 aakoziwin?

Awiya daa-aazhoo'aa besho izhaad (2 meters/6 mizid) awiyan aakozinid ozosodaminid gemaa jaachaamonid. Gidaa-aazhoo'igon gaye gegoo zaaminaman eteg iwe aakoziwin, mii zaaminaman gidoon, gishkiinzhig gemaa gijaan.

Gaawiin igo apiichi naniizaanasinon zaaminaman gegoo COVID-19 ayaamagak, wiji'iwesemagad daabida ji-giziininjiyan.

#### Aaniin ge-doodamaan ji-gaachidinanziwaan COVID-19 aakozwin?

Gegwe-biininiinjiin, bekininjiin. Giziibiiga'igan zhigwa nibi aabajitoo gonage 15 daso-diba'igens. Weweni bengwe'an gininjiin. Ishkodewaaboowang gaye daa-aabadad ji-onji-giziininjiyan giishin naagwasinog wiininjiyan.

Gidaa-doodam gaye:

- Gibinan ozosodaman gemaa jaachaamoyan. Ginagway aabaji' gemaa gidooskwan, gaawiin gininjiing.
- Gego zaaminangen giganagiing.
- Endaayang ayaan aakoziyan, giishin gichi-inaapinesiwan.
- Aakoziwan, nishike-ayaan besho ji-izhaasiwan gaa-wiiji-ayaamadwaa, aandooshkan daga ji-ayaayan aakoziwin.
- Biminizha'an ekidong mino-ayaawin enokiing aaniin ji-izhi-nishike-ayaawin, ji-naagaji'idizowin.
- Giziininjiin apii:
  - oshki-izhaayan gemaa oshki-maajaayaan ningoji onji
  - ishkwaaw zaaga'aman ningoji
  - jibwaa gemaa dazhiikaman wiisiniwin
  - jibwaa wiisiniyan gemaa aabajitoosiwan gegoo awiya gii-aabajitood
- Gizhaagamideg nibi, gziibiiga'igan gaye aabaji' ji-giziininjiian gonage 15 ayinaakoseg. Gashkitoosiwan ji-giziininjiian, iskodewaabowang gziininjiigaagen.

### **Gibiingwepizon**

Gibiingwepizoyan wiiji'iwese ji-aazhoo'idizosiing iwe COVID-19 aakoziwin. Gibiingwepizon biindig ningoji ayaayan gemaa noonishkodaading ningoji.

Ishkwaach ekidong, izhaan [Manitoba.ca/covid19](https://www.manitoba.ca/covid19).